



Join the **NAS Jax 1,000 Mile Club**

HOW TO JOIN

Runners must complete on foot, running or walking only and must be tracked using a pedometer-style tracking device, often located in cell phones and smart watches.

SIGN UP

Sign up and log the miles on the Fitness Center log sheet. Upon completion, runners will receive their names on the official club plaque and a t-shirt.



Fitness Center



904-542-3518



STAY CONNECTED AND FOLLOW US ONLINE
@NASJAXMWR | NavyMWRJacksonville.com

