

DOD ISSUED ID CARD HOLDERS ONLY



UNSTAFFED ACCESS

FITNESS CENTER
BLDG. 867



WITH ACCESS TO

- Cardio Equipment
- Weight Machines
- Free Weights
- Locker Rooms



REGISTER NOW

Stop by the Fitness Center to enable your DOD ID card.
Call (904) 542-3518 for questions.



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@NASJAXMWR | NavyMWRJacksonville.com



NAS Jacksonville Unstaffed Fitness Area Orientation & Contract

I understand that access to NAS Jacksonville Fitness Center during unmanned hours is a special privilege which can be revoked if the below guidelines are not followed. I agree to all the rules outlined below (initial here) _____

- All authorized patrons must request access and register in advance.
- MWR Patrons 18 and older (and Active Duty 17 years or older) are authorized access to facilities.
- Individuals under the age of 18 are permitted access when under the direct supervision of parent or legal guardian, who is an authorized Navy MWR patron.
- It's recommended that user's workout with partners, using a buddy system for safety.
- To enter, patrons will scan their CAC/DoD ID under the scanner system. Patrons will sign in upon entering using the iPad located on the front desk.
- Registered users are not to allow non-registered users access when they enter. "Piggybacking" (allowing additional personnel in on one code punch) is strictly prohibited and will result in loss of privileges for **both** parties.
- Registered user may not sponsor a guest or bring in unregistered guest during unmanned hours.
- Actions such as theft, defacement or intentional damage to government property, inappropriate sexual behavior, and violation of rules will not be tolerated. Privileges will be revoked, and patrons may be subject to punishment under the Uniform Code of Military Justice (UCMJ).
- Users who are working out when the facility closes during normal operational hours, must exit the facility, and allow for staff to finish closing procedures before reentering the facility.
- All patrons must ensure the door closes fully and securely behind their entry and exit. All other doors are to remain locked and closed.

Prohibited Activities and Areas:

- The aerobic room, spin room, laundry room and office spaces (behind the front desk) are off limits during unmanned hours.
- For safety purposes, the use of any weight more than 100lbs is prohibited during unmanned hours.

Safety:

- Patron acknowledges that there may not be anyone on site to respond to an emergency. However, the AED, first aid kit and phone are located at the front desk.
- In the event of a power outage, all users must gather their belongings and exit the facility promptly.

Name: _____ Command: _____ DOD ID# _____

Address: _____

Phone: _____ Email Address: _____

Emergency Contact Name: _____ Phone: _____

I have read, understand, and agree to the above listed rules for unmanned access to the Fitness Center.

Signature

Date